

M. A. Khan, M.D.
Board Certified Dermatologist
4761 Higbee Avenue N.W.
Canton, Ohio 44718-2551
Tel: 330-492-1117
Fax: 330-244-9451

SKIN TYPE

Food and Drug Administration
and
American Academy of Dermatology
recognize six skin categories

<u>Skin Type</u>	<u>Sun History</u>	<u>Example</u>
I	Always burns easily, never tans, extremely sensitive skin	Red-headed, freckles, Irish/Scots/Welsh
II	Always burns easily, tans minimally, sun sensitive skin	Fair-skinned, fair-haired, blue or green-eyed, Caucasians
III	Sometimes burns, tans gradually to light brown, sun sensitive skin	Average skin
IV	Burns minimally, always tans to moderate brown, minimally sun sensitive	Mediterranean-type Caucasians
V	Rarely burns, tans well, sun insensitive skin	Middle Eastern, some Hispanics, some African-Americans
VI	Never burns, deeply pigmented, sun insensitive skin	African-Americans

Skin Type Classification is very arbitrary – It is just to sensitize people to avoid sun damage

Who needs sun protection?
Every body
Does not matter what skin type!